

Health Matters 5

Our NHS - Time to think differently about health and care services

Health Matters 5

Wednesday 1st March

1.00pm to 4.30pm

(Doors open at 12.30)

The Baths Hall, Scunthorpe,
DN15 7RG



Come along to this event and:

- Hear from NHS leaders about the Sustainability Transformation Plan (STP) and what it means for local people
- Visit the 'Market Place' and talk to the people who plan, buy and provide your health and care services
- Come and have a chat about your experiences in the 'Sofa Zone'

Discussion topics include:

- How we use our Primary Care services
- Ways to Recovery in Mental Health
- Medicines waste, self-care and NHS prescriptions
- Getting the best from surgical procedures (smoking/exercise and other factors)

Please let us know if you would like to attend by sending an email to nlccg.embrace@nhs.net or ringing **Janet Gaiger** on **0300 3000 567**

If you can't make it to this event, please join us on 7th March from 6-8pm at the Civic Centre Scunthorpe for our 'Bite-size' Health Matters meeting

